

Children and Young People's Health and Wellbeing Commissioning Group

A meeting of Children and Young People's Health and Wellbeing Commissioning Group was held on Tuesday, 10th May, 2016.

Present: Peter Kelly(Chairman), Cllr Mrs Ann McCoy, Martin Gray, Diane McConnell, Assistant Chief Constable Ciaron Irvine, Jo Heaney (Substitute for Louise Okello), Jane Smith, Emma Champley

Officers: Michael Henderson, Dave Smith (SBC)

Also in attendance:

Apologies: Louise Okello, Shaun McLurg,

1 Declarations of Interest

Cllr Ann McCoy declared a personal/non prejudicial interest in the item entitled CYP Mental Health and Wellbeing Mapping as she served on the TEWV Board of Governors.

2 Minutes of the meeting held on 12 April 2016

The minutes of the meeting held on 12 April 2016 were confirmed and signed by the Chairman.

Members received a brief update on on-going work and planned meetings relating to Domestic Abuse.

3 Minutes of Partnerships and Adults Commissioning Group

Members considered the following minutes:

Adults Health and Wellbeing Partnership - 2 March 2016
Children and Young People Partnership - 16 March 2016
Adults HW Joint Commissioning Group - 30 March 2016
CYP Commissioning Group - 1 March 2016

There was discussion on Fairer Start and it was noted that it was on-track.

RESOLVED that the minutes be noted.

4 CYP Mental Health & Wellbeing Mapping

Members considered a report that described recommendations that resulted from the mapping of the Children & Young People's Mental Health Offer in Stockton on Tees.

It was explained that a set of recommendations had been collated based upon analysis of the stakeholder contributions to the process. The recommendations fell into four specific settings: CAMHS; TAMHS; Service Development and Schools. The recommendations would contribute to the aims of the Future in Mind Transformation Plan.

Members considered the recommendations and were provided with further details.

A number of issues raised were clarified. Areas of discussion related to:

CAMHS

- the importance of outreach and the role it might have in improving engagement.
- ensuring there was clarity around services and pathways.
- Did Not Attend (DNA) policies and potential safeguarding issues when children missed appointments. It was noted that the CCG was undertaking a review in this area.
- Transitions and the need for CAMHS to be more proactive rather than simply discharging.
- improving the understanding of issues like self harm and eating disorders and what the correct pathways were.
- reference was made to emerging open access services for eating disorders and improved support for parents and outreach in this area
- there was a gap in terms of the pathway for children who were overweight and where they would go after Morelife services. This would need further consideration.
- Morelife was coming across a large number of cases relating to self image, low self esteem and bullying.
- children affected by sexual abuse were often being referred to Bridgeways by CAMHS and there needed to be consideration of whether this was always appropriate.
- work with the whole family and family assessments needed to be strengthened.
- there was inconsistency in terms of what schools had access to/bought in to.
- The commissioning responsibilities for CAMHS rested with the CCG and it was explained that the CAMHS Actions were being taken forward, as priorities, as part of the CCG's review of CAMHS.

TAMHS

- engagement with schools, as part of this process, had been limited though a number of attempts had been made. This was of concern to the Group though it was noted that other planned opportunities to engage with schools may prove more successful.

Service Development

- consideration was given to how the service development actions would be picked up.
- there was a discussion around children accessing MH and Wellbeing support and it was agreed that there needed to be clarity around which services children presenting with MH and/or behavioural issues needed to access.

School related Actions

- Reference was made to the Health Related Behaviours Questionnaire and

when the data might be available. It was explained that there were three schools that had not completed the Questionnaire and the Chair offered to help with any issues relating to this. It was anticipated that outcomes, from the questionnaire, would start to come through in June.

Members then received an update relating to the development of coherent projects and activities, relating to CYP Mental Health.

During consideration, it was noted that the police went into lots of houses and it was important that police officers were thinking about Mental Health and were aware of where they would need to refer people who needed help in this area. It was recognised that the Crisis Team and Children's Hub may have a role. Further discussion with the Police would take place.

RESOLVED that the recommendation be supported and the discussion be noted/ actioned where appropriate.

5 Forward Plan

Members considered its Forward Plan:

CSE Update - Peter Kelly , Martin Gray and Shaun McLurg to discuss with Shaun McLurg and possibly bring to June meeting.

Ofsted Framework SEND - June 2016

Health and Wellbeing of Young Carers - Jo Heaney to raise when this could go to the Group.

Outcomes of Health Related Behaviour Questionnaire to be reported to a future meeting.

RESOLVED that the Forward Plan be amended as requested.